

Are your medicines **working** for you?

For some medical conditions, tracking your symptoms can help you and your healthcare professional find out if your medicines are working for you.



Write down when you experience:

	MON	TUES	WED	THURS	FRI	SAT	SUN
WEEK 1							
WEEK 2							
WEEK 3							
WEEK 4							

This symptom tracker will be reviewed by you and your healthcare professional during your appointment on:

HERE
TO
HELP